

KS5 Child Care (Beginner's and Advanced Learners)

Curriculum Content - Long term plan

The aim of KS5 Child Care is to support skills for life development and enable students to be informed about possible future options and careers choices. All lessons are fully differentiated, practical and interactive with some recorded evidence. Parents and health professionals visit our lessons virtually wherever possible to enhance learning.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Stage 5 Beginner's Topic	UAS 72281 Pregnancy and Foetal Development (entry level)	UAS 12288 Child Development: Childbirth (entry level)	UAS 85720 Preparing a Bottle for Feeding a Baby (entry level)	UAS 86071 Childcare up to Three Years Old (entry level)	UAS 12272 Child Development: The Importance of Play for the Under Fives (entry level)	
Key focus -	Safe, loving relationships, different types of families and planning for pregnancy are discussed. Facts about conception, healthy pregnancy, stages of foetal development and monitoring of pregnancy by health professionals is explored.	How a woman prepares for labour and birth with her birth partner/s is investigated. The roles of health professionals who are involved with labour, birth and care of the new family are part of our learning. Emotional changes to a family, as well as potential financial costs of preparing for a newborn baby are investigated.	Breast and bottle feeding options are discussed and facts researched. We look at different types of bottles, teats, sterilising equipment and formula milk. Students take part in the safe preparation of formula milk and role play feeding a baby using a virtual doll.	In this unit we learn about the stages of child development and how to effectively meet all basic needs. Weaning, healthy eating, hygiene, sleeping and social relationships for parents are part of our learning. Ensuring safety is a priority for a newborn baby and child up to the age of 3 is included in our lessons. We discover how to interact effectively with babies and children, how to access support if needed and what to do in an emergency.	We continue our stages of development learning by exploring why we need to interact and play with babies and children, the different types of play and the ways we can provide play resources within a budget. We find out about indoor and outdoor play, the safety aspects of all toys and how to create a fun, stimulating environment. Language development and ways to provide early learning experiences is explored in our lessons.	
Key Stage 5 Advanced Topic	UAS 93351 Preparing for the Birth of a Child (Level 1)		UAS 93352 Caring for a Newborn Child (Level 1)	UAS 113624 Feeding Children in a Child Care Setting (Level 1) UAS 93352 Running Messy Play Sessions within a Children's Centre (Level 1)		
Key focus -	This unit incorporates a range of social, emotional and practical preparation needed for a baby's birth including the importance of a healthy diet, exercise and support. We look at potential dangers to the mother and foetus caused by alcohol, drugs and smoking as well as lack of antenatal care. Regular health checks, GP and midwife advice is explored. We pack a 'hospital bag' and discover why birthing plans are created. Types of labour and birth are discussed with a midwife who is invited to our lessons. The students		The students interact with parents to discover facts about the care of a newborn baby. We recall information about routines,sleeping, safety feeding and basic care needs. The students role play bottle feeding, nappy changing, dressing a baby for hot and cold weather	During these lessons we will discover facts about the variety of child care settings there are and how they operate to comply with safeguarding procedures. Staff training and working expectations will be discussed. The students will focus upon daily routines within child care settings and how cleaning, hygiene and following all guidelines is essential. Suitable, healthy foods for babies and children are researched, shopped for, prepared and tasted. Dealing with allergies, food intolerances and food preferences are incorporated in our lessons. The students will research, plan, organise and present messy play activities for young children to interact with (if possible). They will role play leading and participating in messy play and develop activities to encourage social skills, language acquisition and experiential learning.		

	learn about single and multiple births, what happens if a birth needs additional medical help and how the mother and baby are cared for following the birth.	and bathing. How to access support for families from the local area including the Health Visitor, parents' groups and support services is explored. Students find out about postnatal depression, dealing with practical tasks such as shopping with a newborn baby and safeguarding support.	
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